

SPEAK UP Prevention Education Vertical Articulation

Professional Development Purpose: Utilizing research-based practices, the...

Sex Abuse and Exploitation of Children Training

Big Idea: Teachers will learn risk factors for sex abuse in children, warning signs to look for in students, and how to handle disclosures of abuse.

- Define sex abuse and sex trafficking
- Define the short and long term effects of being sexually abused
- Identify risk factors for being sexually abused
- Identify behavioral, emotional, and physical signs of sexual abuse and trafficking
- Describe how students might disclose about abuse
- Explain how to respond to a disclosure

Key Vocabulary:

- Non-contact sex abuse
- Contact sex abuse
- Risk factors
- Behavioral warning signs
- Emotional warning signs
- Physical warning signs
- Sex trafficking
- Disclosure

Purpose: Utilizing research-based practices, the Foundation United has designed a curriculum that is intended to equip students with the necessary skills and knowledge to decrease risk of sexual abuse from grades K-12. The vertical articulation below highlights the cohesive vision to age-appropriately equip students with the primary focus of abuse prevention.

Grade Band

Big Ideas, Outcomes, and Key Ideas Vocabulary:

Safety

Lower Primary

K-2nd

Big Idea: I am learning about **safety!** I know how to identify what is safe and unsafe; I know what to do when I feel unsafe.

- Identify the best safety-meter they have
- Define what safe people do
- Define what safe people do not do
- Define what makes someone an unsafe person
- Identify what makes secrets unsafe
- Identify their triangle of trust
- Explain how shock may impact someone's first reaction
- Identify what is safe touch
- Explain how to be safe when using devices online
- Analyze scenarios to apply key concepts and key vocabulary

Key Vocabulary:

- Safety-meter
- Safe person
- Unsafe person
- Safe secrets
- Unsafe secrets
- Triangle of Trust
- Shock
- Safe touch
- Unsafe touch

Equipped

Upper Primary

3rd-5th

Big Idea: I am learning how to be **equipped** for people who might try to confuse or hurt me. I am learning what is safe and unsafe and what to do if I feel unsafe.

- Define what safe and unsafe people do
- Define intuition
- Define gaslighting
- Describe the difference between an unsafe secret and a surprise
- Define the body safety rules for your body
- Define consent
- Define and list three people in their Triangle of Trust
- List examples of ways to speak out if something makes you uncomfortable
- List ways that people can be unsafe online
- Analyze scenarios to apply key concepts and key vocabulary

Key Vocabulary:

- | | | |
|----------------|------------------------|---------------------|
| • Safe adult | • Unsafe secret | • Shock |
| • Unsafe adult | • Safe secret/surprise | • Triangle of Trust |
| • Intuition | • Body Safety Rules | |
| • Gaslighting | • Consent | |

Empowered

Lower Secondary

6th-8th

Big Idea: I am learning the power I have in my own intuition. I am **empowered** because I know what tactics abusers may use, and I am prepared with strategies to be safe.

- Define consent, intuition and SAFE adults
- Explain how shock may impact someone's initial response
- Define gaslighting and how it can be used
- Describe the risk factors that some abusers may look for
- Describe the common tactics that abusers may use
- Describe the vulnerabilities and indicators of labor trafficking
- Explain how technology and social media can be used by abusers
- Describe strategies to stay safe online
- Define healthy vs. unhealthy relationships
- Identify warning signs of dating violence
- Analyze scenarios and apply key concepts and vocabulary

Key Vocabulary

- | | | |
|---------------|-------------------|---------------------|
| • Consent | • Vulnerabilities | • Befriending |
| • Intuition | • Abuser | • Threats |
| • SAFE adults | • Tactics | • Exploit |
| • Shock | • Brute Force | • Labor Trafficking |
| • Gaslighting | • Manipulation | • Social media |
| | | • Online Safety |

Freedom

Upper Secondary

9th-12th

Big Idea: I am learning the ways abusers may try to exploit me. I can recognize how they may try to get control over me, but I know their tactics and can protect my **freedom**.

- Define consent, intuition, exploitation, sextortion, sex trafficking and more
- Identify your safe person
- Define gaslighting and how it can be used
- Define the vulnerabilities and indicators of labor trafficking
- Describe the risk factors that predators seek to exploit
- Evaluate scenarios & identify vulnerabilities that increase risk of exploitation
- Explain how shock may impact someone's initial response
- Describe the common tactics that abusers use to traffic
- Describe systematic factors that can promote sexual exploitation
- Explain how technology and social media can be used by abusers
- Describe strategies to stay safe online
- Define healthy vs. unhealthy relationships
- Identify warning signs of dating violence
- Analyze scenarios and apply key concepts and vocabulary

Key Vocabulary:

- | | | | |
|----------------|-------------------|----------------|---------------------|
| • Consent | • Abuse | • Seduction | • Labor trafficking |
| • Intuition | • Vulnerabilities | • Befriending | • Sex trafficking |
| • Safe person | • Risk factors | • Threats | • Love bombing |
| • Gaslighting | • Shock | • Social media | • Trafficker |
| • Exploitation | • Tactics | • Sextortion | • Victim |
| | • Force | • Pornography | |